

Different Bodies



1

“We have gifts that differ according to the
grace given to us.”

Rm 12:6

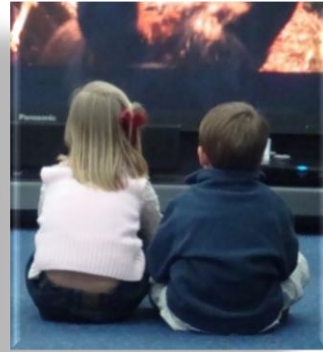
2 YOU-AFFECTIVITY AND SEXUALITY

1

Different Bodies

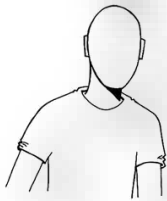
“We have gifts that differ according to the grace given to us.”

Rm 12:6



You are the protagonist of this story, and that's why we are inviting you to answer a question that might seem easy:

Who are you?



To define yourself, you probably said your **NAME** first.

You probably specified whether you are a **MAN** or a **WOMAN**.

And to be even more precise, you probably spoke about your origin: I am the **CHILD OF...** And about your reality: I am the sibling of...friend of...girlfriend of...

Everything that characterizes and defines you makes you unique. It is your IDENTITY.

Many times we find the answer to the question about who I am in other people, outside of ourselves, and not just within us.

Your social, intellectual, affective, spiritual and physical dimensions help you in this process of forming your **IDENTITY**.

I am UNIQUE, different from YOU.

1 Look at the following photograph:



2 YOU-AFFECTIVITY AND SEXUALITY

1

Different Bodies

Can you determine whether it is a boy or a girl? Why not? What information are you missing?

2 These life-size human sculptures were displayed in Spain's "Museo Nacional Reina Sofía". Can you identify which is the figure of the woman and which of the man? Do you have more information than in the previous photograph?



"Man and Woman", sculpture by Antonio López

Can you identify the differences between them in a scientific way?

BUILDING UP LOVE

2 YOU-AFFECTIVITY AND SEXUALITY

1

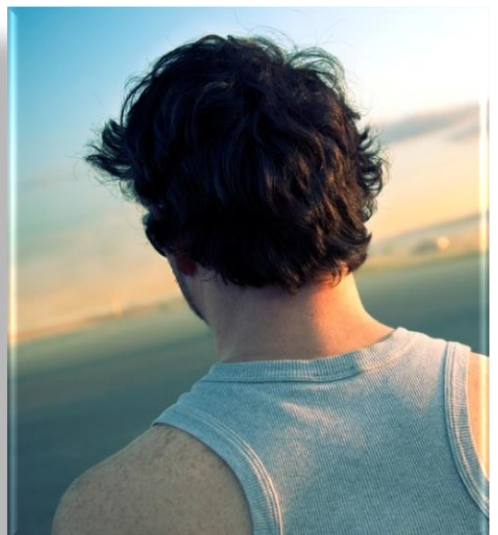
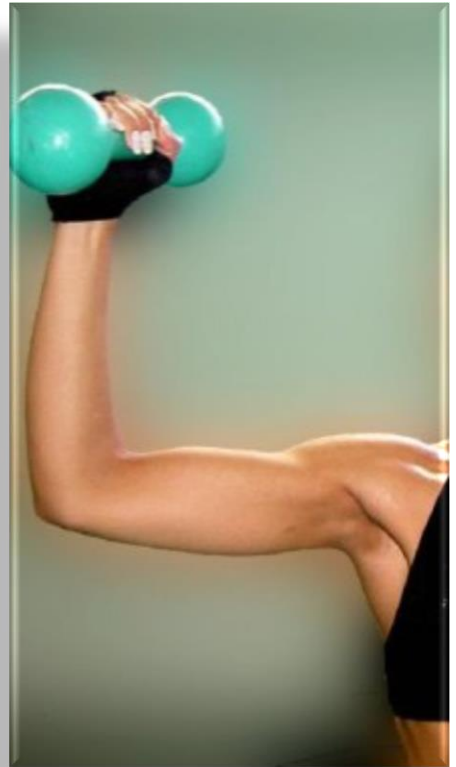
Different Bodies

2 Below you will see a series of photographs. Can you determine whether they correspond to a man or a woman? Place the masculine or feminine symbol in the corresponding boxes.



2 YOU-AFFECTIVITY AND SEXUALITY

1



BUILDING UP LOVE

2 YOU-AFFECTIVITY AND SEXUALITY

1

Different Bodies

3 Let's do an experiment with 4 volunteers: two boys and two girls.



Invite the volunteers (pair of boys and a pair of girls), to do a little skit about two friends who run into each other on the street after not seeing each other for a while. It is important for them to think about the feelings caused by running into a friend, and for them to express them through their words and gestures.



The rest of the class needs to take notes on the differences that they observe between the ways that the boys and girls express their feelings in the same situation.

	GIRLS	BOYS
CHARACTERISTICS		

4 Based on what we have seen, are there only physical differences between men and women?

What about the rest of our dimensions?
Identify these differences together with your classmates.

2 YOU-AFFECTIVITY AND SEXUALITY

1



DIMENSION	WOMAN	MAN
PHYSICAL		
AFFECTIVE		
INTELLECTUAL		
SOCIAL		
SPIRITUAL		

It might help you to think about the way that we dress, our movements and our gestures; the way that we walk; the way we express our feelings, our words and our expressions; tastes and hobbies; games; relationships; the way that we resolve conflicts...

Continue to observe the differences between men and woman. Pay attention to your mother and father, your aunt and uncle, your grandma and grandpa, your male and female teachers, male and female friends. Observe their tastes, customs, behavior, responses...

How your father or your mother embraces you, how your brother or sister reacts to a romance movie, how your male or female teacher expresses him/herself in class...

2 YOU-AFFECTIVITY AND SEXUALITY

1

5 Watch the following commercials and answer the questions:

1



<http://bit.ly/2a88QXQ>

2



http://www.youtube.com/watch?v=NmVIX6vf_ok

How does our society show the difference between men and women?
Competition?

What about equality? Rights?



Recognizing that the other has a different body from mine asks me about my own identity and differentiates me from the other. Why are we different? Why am I different from you?

This difference speaks to me of **SEXUALITY**. Of sexually differentiated bodies. Male and female.

The body is part of the **PERSON**, and so **SEXUALITY** is also part of the **PERSON**.

This duality doesn't separate us; rather, it leads us to a singular **DIGNITY**.

Inscribed in our bodies, marked by sexual difference, is the call to complementarity. I don't have what you have. You don't have what I have.

This difference calls us to give ourselves as a gift to the other.